



VELLALAR COLLEGE FOR WOMEN (AUTONOMOUS)

College with Potential for Excellence (Re-accredited with 'A' Grade by NAAC)

Thindal, Erode – 638 012.



PUBLICATIONS

DEPARTMENT OF NUTRITION & DIETETICS

2014-2019

S.No.	Name of Author(s)	Title of the Paper	Name of the Journal	Year, Volume	Page No.	Impact Factor
1.	Dr.N.Sabitha	Development, Quality,Evaluation and Popularization of Pumpkin Seed Flour Incorporated BakeryProducts	International Journal of Foodand Nutritional Sciences	2013, 2(2)	40-45	-
2.	Dr.N.Sabitha	Development and Sensory Evaluation ofSunflower Seed Fortified Cookies	International Journal of Scientific Research	2014, 3(2)	214-215	-

3.	T.K.Kousalya	Household Food Security, Socio-Economic Profile and Food Consumption Pattern of Selected Population of Erode	Journals of Management and Science	2014, 3(XIV)	20-31	-
4.	Dr.N.Sabitha	Development and Sensory Evaluation of Sunflower Seeds and Sunflower Meal Incorporated Ready to Eat Food Products	International Journal of Science & Technology	2014, 3(8)	34-36	-
5.	Dr.N.Sabitha	Development and Sensory Evaluation of Sunflower Meal Fortified Cookies	International Journal of Science & Research	2014, 3(8)	1160-1162	-
6.	Dr.S.Anuradha	Diet and Exercise Intervention on Bio- Chemical Parameters of Obese Adolescent Girls In Erode Taluk	Innovative Approaches in Biological Sciences Towards Sustainable Development	2014	37-43	-
7.	Dr.N.Sabitha	Development and Objective Evaluation of Sunflower Seed Fortified Cookies	International Journal of Current Research	2015, 7(9)	19927-19930	-
8.	Dr.N.Sabitha	Evaluation of Antianemic Activity of Aqueous Extract of Lepidium Sativum L. (Garden Cress Seeds) In Experimental Animal Models	Journal of Science	2016, 6(4)	202-207	-

9.	Dr.N.Sabitha	Impact of Supplementation of Lepidium Sativum (Garden Cress Seeds) Incorporated Chikkies on Haemoglobin and RBC Status of Selected Tribal Adolescent Girls	International Journal of Recent Research and Applied Studies.	2016, 3(9)		-
10.	Dr.N.Maragatham	Pre and Probiotic Intervention Package for Better gut Health and Improved Immunopotency Among Expectant Mothers	Indian Journal of Research in Food Science and Nutrition (Food Sci)	2016, 3(II)		-
11.	Dr.S.Anuradha	Designing a Controlled Ventilation Onion Storage Structure and Creating Awareness Among the Selected Beneficiaries in Erode District	Food Sci: Indian Journal of Research in Food Science & Nutrition	2016, 3(1)	24-29	5.07
12.	Dr.S.Anuradha	Virgin Coconut Oil - The Mother of All Oils	Indian Coconut Journal	2016, LIX	21-22	5.87
13.	Dr.N.Sabitha	Effect of Supplementation of Lepidium Sativum (Garden Cress Seed) Incorporated Chikkies On Tribal Anaemic Adolescent Girls (12-	Food Sci: Indian Journal of Research in Food Science and Nutrition	2017, 4(2)	38-41	5.87

		18 yrs) in Nilgiris District				
14.	Dr.N.Sabitha	Assessment of Nutritional Status And Imparting Education of the Selected Subjects With Cardio Vascular Disease	International Journal of Current Research	2018, 10(2)	65046-65048	
15.	Dr.N.Sabitha	Awareness on Cardiovascular disease using created static Nutrition website for its Management	Global Journal of Engineering Sciences and Researches	2018, 5(2)	11-13	5.07
16.	Dr.N.Sabitha	A perspective study on Natural colourants (Red Beta vulgaris) and development of value added products	Journal of Emerging Technologies and Innovative Research	2019, 6(6)	885-891	5.87
17.	Mrs.D.Thenmozhi	A perspective study on Natural colourants (Red Beta vulgaris) and development of value added products	Journal of Emerging Technologies and Innovative Research	2019, 6(6)	885-891	5.87

2019-2020

S.No.	Name of Author(s)	Title of the Paper	Name of the Journal	Year, Volume	Page No.	Impact Factor
1.	Dr.N.Sabitha	Prevalence of Obesity among adolescent school going children(13-15 years) in Coimbatore.	Journal of Emerging Technologies and InnovativeResearch	2020,9	29-35	
2.	Dr.N.Sabitha	A Comparative study on Nutritive Value of White and Brown Eggshell powder and Formulation of Value Added Cookies	International Journal of Creative Research Thoughts	2020,8	3590 - 3601	7.97
3.	Thenmozhi D	A Comparative study on Nutritive Value of White and Brown Eggshell powder and Formulation of Value Added Cookies	International Journal of Creative Research Thoughts	2020,8	3590 - 3601	7.97
4.	Thenmozhi D	Formulation and Standardization of Value Added Sweetened Steamed Rice Cake and Sugar Biscuits by incorporation of Brown Rice flour	Journal of Emerging Technologies and InnovativeResearch	2019		

2020-2021

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1.	Dr.N.Sabitha	A Comparative Study on Nutritive Value of White and Brown Eggshell powder and Formulation of Value Added Cookies	International Journal of Creative Research Thoughts (IJCRT)	2020, 8(5)	3590-3601
2.		Prevalence of Obesity among Adolescent School Going Children (13-15 Years) in Coimbatore	IOSR Journal of Nursing and Health Science	2020, 9(3)	29-35
3.		Dietary Behaviours among Adolescent Girls in Pathanamthitta District, Kerala	International Journal of Preventive, Curative & Community Medicine	2020, 6(3)	3-9
4.		Review on Public Health Services among School-Going Adolescents in Kerala	Indian Journal of Youth and Adolescent Health	2020, 7(2)	23-27
5.		Correlative Analysis of Obesity and Socio Economic Status of the Selected Adolescents (13-15 Years) in the Schools of Coimbatore (East Zone)	The Indian Journal of Nutrition and Dietetics	2021	100-109
6.		Assessment of Knowledge, Attitude and Practices of Selected Obesity Adolescent (13–15 years) in Schools of Coimbatore (East Zone)	Journal of Information and Computational Science	2021, 11(3)	196-202

2023-2024

S.No.	Name of Author(s)	Title of the Paper	Name of the Journal	Year, Volume	Page No.
1.	Dr. N. Sabitha and Dr. P. Vidya	Ragi and Sorghum Microgreens: Cultivation and Development of Value-Added Recipes	International Research Journal of Agricultural Sciences	2023, 14(4)	973-976
2.	Dr. N. Sabitha, Dr. V. Krithika, Dr. P. Vidya and Ms. A. Saranya	Unleash and Reintegrate the Miracle Millets to Sustain Nutritional Security (URMMSNS)	Conference Proceedings	2024, 152, ISBN: 978-93-92042-70-6 “A Visionary Volume on Home Science”,	526
3.	Ms. A. Saranya	Natural Colours to reach \$92.96 Million by 2027	E-Magazine - Food and Beverage News	November 2023	17-20
4.	Dr. N. Sabitha & Ms. A. Saranya	An explorative study on formulation and analysis of Healthy Snacks and Tea using Herbs and Spices	Indian Journal of Natural Sciences	2024, 15(84)	
5.	Ms. A. Saranya	Nutrient Content, Phytochemical Constituents and Extracted Protein Quality of <i>Lantana camara</i> Leaves	Indian Journal of Natural Sciences	2024, 15(84)	
6.	Ms. A. Saranya	Government initiatives to uplift Food Processing	E-Magazine Ingredients – South Asia	2024 7(11)	21-24