

HEALTH AND WELLNESS CLUB ACTIVITIES 2022-2023

S.No	Date	Name of the Event	Level	Theme/ Topic	Details of the Resource Person	Details of Beneficiaries	No of Beneficiaries
1	16.09.2022	Deworming Tablet Issue – First Dose	Collegiate	National Deworming Day	-	Students of Vellalar College for Women, Erode	5264
2	14.10.2022	Special Meeting	National	Education with Energy	Thiru.N.Jayachandra Reddy, Founder, Yoga Prana Vidhya, Hosur	Students of Vellalar College for Women, Erode	278
3	04.01.2023	Sanitary Napkin Issue	Collegiate	Free Sanitation Napkin Scheme - ASHA	-	Students of Vellalar College for Women, Erode	3440
4	15.02.2023	Deworming Tablet Issue – Second Dose	Collegiate	National Deworming Day	-	Students of Vellalar College for Women, Erode	5264

5	09.03.2023	Sanitary Napkin Issue	Collegiate	Free Sanitation Napkin Scheme - ASHA	-	Students of Vellalar College for Women, Erode	3440
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